

Talking can help

M-PACT (Moving Parents and Children Together) is a service for families suffering from the effects of drugs and/or alcohol misuse.

Supporting children aged 8 years and over and their adult family members.

A safe space for children and their families to talk about the impact addiction has on them.

"M-PACT has helped me talk to my child and see things from his point of view."

Find better ways to function, communicate and cope as a family.

"I learnt that my Dad's drinking was not my fault."

To find out more please contact:
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M-PACT®

Moving Parents and Children Together

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